



# Release of Information

I understand that Renew Wellness Center has an obligation to keep my personal information, identifying information, and my records confidential. I also understand that I can choose to allow Renew Wellness Center to release some of my personal information to certain individuals or agencies.

I, \_\_\_\_\_, authorize Renew Wellness Center to share the following specific information with:  
Name

<b>Who I want to have my information:</b>	Name:
	Specific Office at Agency:
	Phone Number:

The information may be shared:  in person  by phone  by fax  by mail  by e-mail  
 I understand that electronic mail (e-mail) is not confidential and can be intercepted and read by other people.

<b>What info about me will be shared:</b>	<i>(List as specifically as possible, for example: name, dates of service, any documents).</i>
<b>Why I want my info shared: (purpose)</b>	<i>(List as specifically as possible, for example: to receive benefits).</i>

Please Note: there is a risk that a limited release of information can potentially open up access by others to all of your confidential information held by Renew Wellness Center.

**I understand:**

- That I do not have to sign a release form. I do not have to allow Renew Wellness Center to share my information. Signing a release form is completely voluntary. That this release is limited to what I write above. If I would like Renew Wellness Center to release information about me in the future, I will need to sign another written, time-limited release.
- That releasing information about me could give another agency or person information about my location and would confirm that I have been receiving services from Renew Wellness Center.
- That Renew Wellness Center and I may not be able to control what happens to my information once it has been released to the above person or agency, and that the agency or person getting my information may be required by law or practice to share it with others.

**This release expires on** \_\_\_\_\_  
Date Time

*Expiration should meet the needs the release, which is typically 1 year, but may be shorter.*

I understand that this release is valid when I sign it and that I may withdraw my consent to this release at any time either orally or in writing.

Date: \_\_\_\_\_

Signed: \_\_\_\_\_

Time: \_\_\_\_\_

Witness: \_\_\_\_\_

**Reaffirmation and Extension (if additional time is necessary to meet the purpose of this release)**

I confirm that this release is still valid, and I would like to extend the release until \_\_\_\_\_  
New Date New Time

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Witness: \_\_\_\_\_